



Start with the Big Picture

This template is designed to help you create a comprehensive plan for your holistic learning journey. By following this structured format, you'll be better equipped to achieve your learning goals and gain a deeper understanding of your chosen subject matter.

OVERARCHING GOAL OR SKILL

Pillar Title

Pillar Title

Pillar Title

Pillar Title

Write a goal and brief description for the field provided.

Write a goal and brief description for the field provided.

Write a goal and brief description for the field provided.

Write a goal and brief description for the field provided.

Additional Notes

Resources and References



Pillar Focus

- Break down each Pillar into subtopics or actions. What are the smaller, actionable steps you need to take?
- Be as specific as possible. Each subtopic should contribute to your understanding of the major component.

Subtopic or Action

Subtopic or Action

Pillar Title

Subtopic or Action

Subtopic or Action

Additional Notes

Resources and References



Subtopic Description

Title

"Sub Title or Nickname"

Description

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Pros

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Cons

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Key Points

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Goals and Objectives

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Additional Notes

Resources and References